Jessica Swanson

Strengths Insight Report

SURVEY COMPLETION DATE: 10-26-2018



Father of Strengths Psychology and Inventor of CliftonStrengths

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Your Top 5 Themes

- 1. Input
- 2. Intellection
- 3. Learner
- 4. Discipline
- 5. Restorative

Input

SHARED THEME DESCRIPTION

People exceptionally talented in the Input theme have a need to collect and archive. They may accumulate information, ideas, artifacts or even relationships.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you delight in the opportunity to hear leading thinkers discuss their theories and insights. The "life of the mind" appeals to you greatly. You relish acquiring new information about profound, out-of-the-ordinary, or scholarly ideas. Because of your strengths, you thirst for new ideas and knowledge. Often you lose yourself in a book. You pore over the ideas contained on its pages for long stretches of time. Why? You want to absorb as much information as you can. Driven by your talents, you refrain from automatically believing everything you read in books, publications, correspondence, or Internet sites. When you have doubts about a writer's ideas or facts, you are likely to take time to verify, clarify, or discard them. Actually, your fascination with the printed word causes you to peruse — that is, studiously examine — other sources of information. By nature, you absorb all sorts of information from books, publications, or other written materials. You display a voracious — that is, never fully satisfied — appetite for knowledge. You devour the written word to savor useful facts. For you, a great day is one during which you have added new insights to your mind's storehouse of ideas. It's very likely that you sometimes enjoy instructing others. Because you like to read, you probably have more information to share with your students than some educators do. The individuals you tutor benefit from the facts or insights you gather from the printed page or the computer screen.

Intellection

SHARED THEME DESCRIPTION

People exceptionally talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

YOUR PERSONALIZED STRENGTHS INSIGHTS

Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

What makes you stand out?

Driven by your talents, you have an active and quick mind. You constantly process the "hows" and "whys" of most situations. You gather all kinds of interesting facts from written material, such as books or news publications. You enjoy sifting through documents. You thoroughly examine the most relevant information. When your research yields more questions than answers, you probably find a book that promises to expand your thinking. It's very likely that you prepare for assignments by reading extensively. Your capacity for pulling together information from books, publications, correspondence, notes, or Internet sites serves you well. As a result, you often avoid feelings of self-reproach — that is, blaming yourself for not knowing something you should have known. Instinctively, you absorb the written word like a sponge sops up water. You revel in an opportunity to lose yourself in a book. Time seems to float by when you are the grateful quest of an entertaining or informative author. Your only choice is to finish the book as quickly as possible. Chances are good that you acquire knowledge more easily when you can talk with others about ideas, concepts, or theories. Thoughts come alive for you when questions are posed and answers are proposed. You have a delightful time thinking out loud and listening to intelligent people express themselves. You naturally document or store in your mind bits and pieces of discussions. You want to refer back to these insights or facts whenever the opportunity presents itself. Because of your strengths, you characteristically read books, periodicals, documents, correspondence, or Internet sites. You are willing to be mentally stimulated by thoughtprovoking ideas, information, data, predictions, insights, characters, or plots.

Learner

SHARED THEME DESCRIPTION

People exceptionally talented in the Learner theme have a great desire to learn and want to continuously improve. The process of learning, rather than the outcome, excites them.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you are attracted to difficult and challenging endeavors. You are not inclined to look for the easy way out. You are bold. You take risks. You dare to stretch your mind. You test the limits of your abilities in ways that timid individuals would not attempt. Driven by your talents, you are motivated to continually acquire knowledge and skills. Discovering new ways to use your talents energizes you. You are likely to escape from situations and avoid people who want you to keep doing what you already know how to do well. Maintaining an intellectual status quo is unacceptable to you. Chances are good that you usually equate education — formal and informal — with understanding more about

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something today than you understood about it yesterday. Instinctively, you enjoy reflecting on what you already know and on what you want to know. Your concentration leads you to major and minor discoveries. You need ample quiet time to critically examine new information, theories, concepts, or philosophies. Wherever you go and whatever you do, your mind is seldom at rest. You consider what you have observed. You pose never-before-asked questions. Thinking deeply about things is a necessity for you. It is not a luxury. It is not an option. Because of your strengths, you yearn to know a lot. It makes little sense to you to skim through a book and read only the highlights. You delve more deeply into intriguing subjects than most people do. You love to gather all kinds of information. This explains why you take time to grasp ideas that appear in print.

Discipline

SHARED THEME DESCRIPTION

People exceptionally talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you sometimes set goals for the week. These might prevent you from being drawn off course by each day's demands. Because of your strengths, you start putting things in a sequential order after assessing how all the elements or facts link with one another. By giving of your time and sharing your thoughts, you can help others make good judgments. As a result, projects, processes, or events usually run more smoothly for everyone involved. Using reason and making good judgments, you can make the planning process run smoothly. It's very likely that you sometimes exhibit particular patterns of behavior over and over. Perhaps you appreciate certain individuals because they help you follow your daily regimen. To some degree, these people contribute to your productivity or success. Driven by your talents, you frequently ponder how you might enhance your ability to put things in order. You commonly reorganize jumbled files, messy closets, cluttered desk drawers, or incomplete financial records. You are apt to show people ways to streamline their jobs or finish their academic assignments. Chances are good that you traditionally establish repetitious processes to enhance your own and others' efficiency. Recurring tasks probably take less time and thought when you do them the same way day after day. This explains how you manage to finish your work, meet your deadlines, handle details, or carry your fair share of the workload.

Restorative

SHARED THEME DESCRIPTION

People exceptionally talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you meet your deadlines. You continually think about what you must do better or more efficiently. You are determined to find new ways to complete your assignments on schedule. You are delighted when you can finish them before they are due. Chances are good that you regularly consider talents you want to upgrade to be a better trainer or coach. You are likely to derive much satisfaction from helping individuals improve personally or professionally. Driven by your talents, you definitely want to benefit humankind and the environment. You seek to bring about major and minor changes that are needed. You identify what you can do as a person to make life better for others. Your values are expressed through your words and deeds. Your sense of mission — whatever it happens to be — fills your life with meaning and purpose. Because of your strengths, you are keenly aware of your limitations and deficiencies. This knowledge motivates you to take advantage of self-improvement opportunities in the workplace, educational settings, or your community. Instinctively, you search for opportunities to improve yourself. You are determined to confront your weak points and correct them.